LIFESTYLE

ORMER Durban actress Josette Eales, who left South Africa a year ago to make a name for herselfin Los Angeles, is doing just that. Not only did The Wild star land a role in the Adam Sandler romantic comedy Blended, due for release in the US in May and in South Africa in July, she has also been named international brand ambassador for the Bio-Therapeutic skin care range. She will be using the topnotch products and equipment to ensure her skin is a flawless advertisement for the brand when she is photographed on the red

carpets of Los Angeles. Her association with Bio-Therapeutic began without fanfare in September.

"They delivered some products to my door and I had no clue who they were from," she says. "I began using them and noticed that my skin was more hydrated and the texture smoother, so I wrote to David Suzuki, president of Bio-Therapeutic, thanking him for the products. His response was to invite me to Seattle to discuss my becoming an international ambassador for the brand. I flew there and was given star treatment.

"My role involves using the range of products (a huge bonus, as I am 30 and noticing changes in my skin), appearing on all their branding and marketing both online and in publications, being available to attend functions and be a spokesperson for the brand." She is also thrilled to have

landed a small part in Blended and have worked with Adam Sandler and Drew Barrymore. "I play a couples massage

therapy teacher, over-the-top and very funny a woman who takes her job far too seriously "We shot on location in

Atlanta and the experience was amazing. I had the full treatment from a car service to the airport and first-class flights to five-star accommodation. Being on set of a Warner Brothers picture means no money is spared ... I've never seen set lunches and breakfasts like that.

"I was incredibly intimidated to work with Drew Barrymore and Adam Sandler. I have grown up watching them on screen and suddenly I was on set and

South Africa's got talent!



Former Durbanite Josette Eales, now based in Los Angeles, in marketing material for the Bio-Therapeutic skin care range. Right: As she appeared with Tristan Van Reenen (James Alexander) in M-Net's show *The Wild.*

Nealon.

actor and comedian Kevin

the US in May so I'm sure I

Angeles a year ago was a

brave move considering

career was going well.

challenges – including

which raised R30 000.

premier here in LA."

will see them all again at the

Deciding to move to Los

Wild was at its height and her

jumping out of a plane for the

But Josette thrives on

African Conservation Trust's

Skydive for Rhinos in 2012,

The

"The movie comes out in

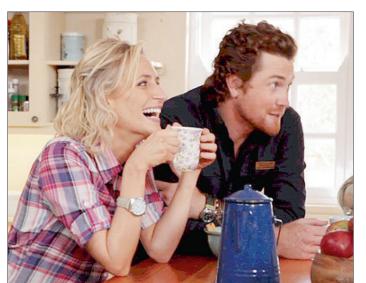
acting opposite them. "But that disappeared the

Josette Eales

Acclaimed Actress Bio-Therapeutic Enthusist

second I met them, the crew and director Frank Coraci. They were lovely down-toearth people and made my job so easy, even complimenting my work and sharing jokes. It just felt that we were actors doing our jobs and that was awesome. "It was wonderful to know

that no matter how high up you go, there is always room for humility and a good laugh. "All my work was done with the two of them and Local beauty Josette Eales has been named brand ambassador for a skin care range and you'll also see her in the new Adam Sandler movie *Blended*, due for release this year, writes **Lindsay Ord**



Her yearning to work in American television and film was getting stronger. She had won a green card in a lottery but it came with a deadline. "I agonised over what to do

agonised over what to do
stay and work in South
Africa or give up everything
and take a huge leap offaith. I
decided to resign from the
show and two weeks later it
was announced that the show
was to be cancelled."
Searching for acting work
in LA is tough, says Josette.
"Imagine you are in the

Olympics competing with the world's top athletes. LA is like the Olympics of acting. Actors from around the world descend on this city with a dream, hoping it will happen, all striving for a piece of the pie. I have been blessed with amazing people and fantastic new friendships that have helped me through tough times. "When I arrived I began training with an acting coach

training with an acting coach and spent about four hours a day for three months talking in an American accent. I

tes. LA is like
acting. Actorsrelease in South Africa in July.worldthink I have got it now and it
is also about learning what
not to say – it's gas instead of
petrol, trash and not rubbish –
those are dead give-aways.
"In terms of work, I've
booked a role on a multi-cam

booked a role on a multi-cam comedy produced by Martin Lawrence called Love That Girl and, besides Blended , I've shot a short film produced by an Emmy award-winning team.

"I also just signed with an

amazing manager who reps u Jacki Weaver and Vinnie c Jones among many other p

impressive people. Life is

• The Bio-Therapeutic

skin care regime combines

products and equipment to

rejuvenate and improve the

quality of the skin. Products

are applied with a hyaluronic

absorption and LED lights are

gel mask for maximum

good!'

used to boost circulation and collagen production, shrink pores, reduce hyper pigmentation and control acne.

This is followed up at home with the Bio-Therapeutic Cocktail of three products: an ampoule, serum and cream, to stimulate collagen and elastin production and minimise skin thinning, dehydration and solar damage. See www.biotherapeutic.co.za

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This stylish room, right, is the work of interior designer Tessa Proudfoot. Tranquil bedrooms like this one, far right, from Slic Interiors will be on show. PICTURES: MAT BANKS



Home decor: it's all about you

TAILORING designs in your home to what suits you, your family and your lifestyle is what decor is all about this year, and Decorex Durban will showcase trends, designs and products at the Durban Exhibition Centre next week.

Themed "Design Your Life", it will show visitors how to mix and match styles to suit their lifestyles and budgets.

Sian Steyn, general manager of the Decorex SA Portfolio, said design and decor would move away from sweeping trends and focus on the needs and styles of the individual.

"Being confident in our own design choices is trending across the globe and people are feeling empowered to make their own style statements in all aspects of the home," she says.

Plascon's annual colour forecast

will be unveiled, showing the four colour palettes that will be hot news for interiors this year. Most vibrant of the palettes is the warm, Africaninspired Urban Tribe mix of oranges, violets and gold. They're the colours of the developing world and with the World Cup taking place in Brazil in a few months' time, we are seeing more and more of these contemporary brights in décor solutions.

Marc Shotland of St Leger & Viney says they will also showcase the bold colours of Africa in the installation they are creating with KZN designer Helen Byloo of Suda-West, for the Decorex Designer Spotlight feature. "We'll infuse trendy contemporary geometric shapes and bold straight lines. It's a funky

bold straight lines. It's a funky quirky look, and suited to the theme of the show," says Marc. Durban design duo, Urban Lace, will create an installation at the show's entrance. Chantelle Moss and Sarah Reynolds emphasise they will not be creating a cookie cutter décor look, but rather a highly individual design, in keeping with the theme of

the show. At the Belgotex Trend House, five decorators will design rooms inspired by the latest in flooring trends, with luxury vinyl being a favourite this year.

Outdoor living will feature braais, pools, gardens and verandas and the tongue-in-cheek Manscape project will be an attraction this year. Inspired by the success of the Mancaves feature two years ago,the exhibition has invited male celebs to create an outdoor living space that men would enjoy.

Win Win Win!

We are giving away 10 double tickets to Decorex Durban. SMS "DECOREX DN" to 33963 before 9am on Monday. SMSes cost R1.50 and winners will be phoned.

Decorex Durban takes place at the Durban Exhibition Centre from March 20-23, from 10am-8pm on weekdays, 10am-6pm on Sunday. Visit www.decorex.co.za or Facebook: Decorex SA or Twitter: @decorexSA

DIARY DATE

☐ Mended Hearts, a support group for people who have had a cardiovascular event, will focus on salt and the importance of restricting its intake for good heart health at its next meeting at Life Entabeni Hospital conference room on March 31 from 2pm - 4pm. Christelle Crickmore, science and programme development manager at the Heart and Stroke Foundation will speak about healthy eating, salt intake and blood pressure. Entry is free. RSVP Yvonne at 031 261 9055.

Thato Tsautse, president of the Durban Chamber of Commerce and Industry will be the speaker at the next meeting of KZN Women in Business at the Tsogo Sun Maharani Hotel's Tugela Room on April 3 from 8am to 10.30am. The cost, R160 for members and R180 for nonmembers, includes limited free parking, breakfast, gift, meeting list, networking and speaker. Booking and payment by Friday March 28. Visit www.kznwib.co.za

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international competitors will follow in the Land Sea Air Festival AND nominate a class from a disadvantaged school to join you! To enter fill in the form below and post to Daily News Flight of a Lifetime Competition, PO Box 47358, Greyville, 4023 OR drop off at Independent Newspapers 18 Osborne Street, Greyville, 4023 before Tuesday 18 March at 10am.

